

Booking Form

Send to Shanti Griha, Scoraig, Dundonnell by Garve, Wester Ross IV23 2RE

Booking

I wish to book a place on the		course at Shanti Griha
from		please give dates
and I enclose a deposit of		£100; please make cheque out to Kathrin Cooper.
The balance of £		is to be paid four weeks before the course begins.

A confirmation will be sent out upon receipt of this booking and further details upon payment of the balance.

Data

Name:	
Address:	
Telephon:	
Email:	

Transport

	I have my own transport
	I need a lift
	I can give a lift from Inverness/Edinburgh/

Experience

Previous experience in whatever you are applying for:

Where did you first hear about Shanti Griha?

Meal

Meals will be vegetarian. Special dietary needs and the reasons for them:

Information

I am not booking a place at present but would like to be put on the mailing list for further events at Shanti Griha.

I am particularly interested in (please tick):

Yoga

Windpower

Thai Massage

Vegetarian Cookery

Meditation

Hypnosis & Regression

Tai Ji & Ji Gong

Individual Retreats

Singing

Gaelic Language Immersion